

Utilization of a Bleaching Tray for Progressively Shaded Pontics



by
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INTRODUCTION

There often are times when patients present with particular needs that force the dentist to think on his or her feet and present treatment plans that meet these special circumstances. We find in our practice that patients who want whiter teeth will do virtually anything to achieve that goal. Methods that are tried and proven¹ sometimes have to be modified or even combined to provide the "particular-needs" patient with what they want. Today's take-home tray systems are both ergonomically and economically reasonable to use with most patients.² There are always solutions to problems that can be found in the everyday cosmetic dental practice. It is the development and sometimes the combination of these methods that help the clinician satisfy those special patients and help to promote their trust and confidence. Many times this leads not only to enhanced esthetics, but also (and more importantly) to additional esthetic treatment that otherwise might not have been performed. How many times have patients who have undergone treatment to whiten their dentition chosen also to proceed with the removal of old, unsightly, darkened restorations? The following case describes the use of a modified, adjunctive approach to lightening utilizing a tray, which can proceed during the healing phase of an anterior extraction.

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